



Could You be a Trail Guide Docent?



- Do you Enjoy the Outdoors?
- Do you Enjoy Teaching People?
- Are you Available to Guide Two Walks per Year?
- Want to Give Back to your Community?
- Interested in Training such as First Aid/CPR?
- Would you Like to Meet New People?
- Are you Interested in History and Nature?

**Then YOU are
Qualified to be a
Trail Guide
Docent!**

Go Online for an Application:
www.rocklandgov.com/amicorps

Or Call :
845-708-7307/7308

Trail Guide Docent Program

made possible by:



The County of Rockland
and the
Division of Environmental Resources
Phone: 845-364-2670 Fax: 845-364-2671
Email: env@co.rockland.ny.us
Website: www.rocklandgov.com/environ



Steps to a HealthierNY
*A program of the Rockland County
Department of Health*
Phone: 845-364-2500 Fax: 845-364-3837
Email: steps@co.rockland.ny.us
Website: www.rocklandsteps.org

and



Rockland County AmeriCorps
*A program of the
Rockland County Youth Bureau*
Phone: 845-708-7307/7308
Fax: 845-708-7309
Email: rcamericorps@co.rockland.ny.us
Website: www.rocklandgov.com/amicorps

You are invited to become a Rockland County Trail Guide Docent



docent
(dōh-suhnt) n.
a trained,
volunteer guide

Kennedy Dells Park



Eleanor Burlingham Memorial Park



Rockland County's Scenic Park System

Rockland County has a beautiful and diverse network of 25 parks comprising over 2,500 acres. Situated on a variety of terrains, some on the Hudson River and others perched atop mountain ridges, these parks are rich in historic value and help preserve our shorelines and skylines. Join us in exploring the beauty and tranquility of the natural environment right in your own backyard.

County of Rockland's Trail Guide Docent Program

The County of Rockland, in partnership with the Division of Environmental Resources, Rockland County AmeriCorps and Steps to a HealthierNY, is looking for outdoor enthusiasts who want to share their love of nature, ecology and history of Rockland County. Docents will lead guests on guided park tours. These walks will help raise awareness of our parks as environmental and recreational resources. They will also serve to encourage good health practices in the residents of our community.

Becoming a Volunteer Trail Guide Docent

A Trail Guide Docent must:

- ★ Be knowledgeable about and enjoy the outdoors.
- ★ Be available to guide 2 walks per year.
- ★ Be in good physical health.
- ★ Attend training classes (approximately 10 hrs).
- ★ Have good "people" skills.
- ★ Be able to engage a group.
- ★ Keep safety in mind.



Buttermilk Falls Park

Benefits of Trail Guide Docent Program

- ☞ Receive free comprehensive, informative training.
- ☞ Receive free Docent uniform and gear.
- ☞ Promote environmental stewardship and good health practices.
- ☞ Meet new people.

How to Apply

For a Trail Guide Docent Application and more information

Please call or e-mail:
Rockland County AmeriCorps

Phone:
845-708-7307/7308

Fax:
845-708-7309

E-Mail:
rcamericorps@co.rockland.ny.us

AND ON THE WEB!

www.rocklandgov.com/mericorps



Samuel G. Fisher Mount Ivy Environmental Park

Opportunities for Volunteer SWEEPS

(people to ensure walkers don't get left behind) available!

★ No special training needed! ★

But you do need to enjoy walking in the outdoors, be friendly and have patience!