

Mission Statement

The Department of Mental Health, a component of Rockland County Government, shall provide and oversee comprehensive, high quality mental health, mental retardation and chemical dependency services to the residents of Rockland County in an ethical, courteous, timely, safe and cost effective manner.



Rockland County Department of Mental Health

Mary Ann Walsh-Tozer, CSW
Commissioner of Mental Health

Building F, Sanatorium Road
Pomona, New York 10970

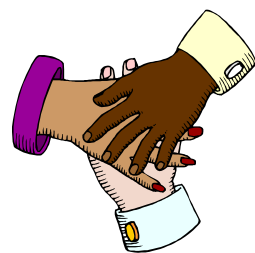
Telephone: 845-364-2378

Facsimile: 845-364-2381

Email: RCDMH@Co.Rockland.NY.US

Web Site: WWW.Co.Rockland.NY.US

Adult Mental Health Clinic Services



HOW TO GET HELP Please call:

Assessment Center

845-364-2150

**Monday - Thursday
8 AM to 9 PM
Friday 8 AM to 6 PM**

Crisis Service

845-364-2200

**24 hours a day
7 days a week.**

Suicide Hot Line

845-354-6500

Why Come To Adult Mental Health Clinic Services?

Problems in living can arise at any time in life, especially during adulthood. At these times it is often helpful to talk with family and friends.

Many different kinds of problems affect people dealing with the stresses of everyday life in a fast paced world. People may feel depressed or anxious. Other people may have problems with their families, with their partners, or with people at work.

A family member may have a drug or alcohol problem, a serious illness, or an emotional problem that affects everyone in the family.

In these situations, it is helpful to talk with a professional who is attentive, objective, and wants to listen and understand.

The Clinic serves a varied socioeconomic, ethnic population with staff members who have language expertise in many languages including Spanish, French, Creole, Yiddish, Hebrew, German, Russian and Hindi.

The Clinic specializes in solution-focused, time effective treatment through individual, marital and family therapy, psychiatric evaluations and medication management.

The Clinic also offers health education and health assessments and referrals for medical follow-up when necessary.

What Services Do We Offer?

Rockland County behavioral health services are diversified and far-reaching. They represent the efforts of many people from county and state governments and the private and voluntary sectors of our community. Consumers and their families are an integral part of the planning and evaluation process as well. The quality of these programs is recognized state-wide and the services of this department are lauded as some of the finest, most comprehensive array available to those in need.



SERVICES PROVIDED

ASSESSMENT OF INDIVIDUALS

PSYCHIATRIC EVALUATIONS

INDIVIDUAL, MARITAL,
GROUP, & FAMILY THERAPY

MEDICATION EVALUATIONS
& MONITORING

COMMON PROBLEMS TREATED

DEPRESSION

ANXIETY

PANIC ATTACKS

BIPOLAR DISORDER

POSTTRAUMATIC STRESS DISORDER
(PTSD)

FAMILY ISSUES

RELATIONSHIP PROBLEMS

WORK CONCERNS

SCHOOL PROBLEMS

OBSESSIVE COMPULSIVE DISORDER
(OCD)

ATTENTION DEFICIT DISORDER (ADD)

WHAT WILL HAPPEN WHEN YOU MAKE AN APPOINTMENT?

When you call the Assessment Center, you will be scheduled for an initial appointment.

You will be asked about your concerns and the current circumstances that contribute to them.

You and your family will be treated with respect and confidentiality.

After the assessment appointment, the interviewer will recommend appropriate treatment, which may include psychotherapy and / or medication evaluation.

We offer comprehensive care by working with other community agencies.

OUR STAFF INCLUDES

- NYS Licensed Psychologists
- NYS Licensed Nurse Practitioners
- NYS Licensed Clinical Social Workers
- NYS Licensed Board Eligible & Board Certified Child Psychiatrists

OUR LOCATIONS

Dr. Robert L. Yeager Health Center, Building F
Pomona, New York 10970
(845) 364-2275

Monday—Thursday:
8:00 am - 9:00 pm
Friday : 8:00 am - 6:00 pm

North Rockland Clinic
2 New Main Street
Haverstraw, New York 10927
(845) 429-4966

Tuesday—Wednesday:
8:00 am - 8:00 pm
Thursday : 9:00 am - 5:00 pm
Friday : 8:00 am - 5:00 pm

OUR FEES

The Rockland County Department of Mental Health accepts a full range of insurance coverage including managed care plans, Medicaid & Medicare. If you don't have insurance, fees are based on your ability to pay.

To schedule an appointment please, call the Assessment Center at (845) 364-2150.