



### Mission Statement

The Department of Mental Health, a component of Rockland County Government, shall provide and oversee comprehensive, high quality mental health, mental retardation and chemical dependency services to the residents of Rockland County in an ethical, courteous, timely, safe and cost effective manner.



### **Rockland County Department of Mental Health**

Mary Ann Walsh-Tozer, CSW  
Commissioner of Mental Health

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## **Rockland County Mental Health Department**



### **HOW TO GET HELP Please call:**

**Crisis Service  
845-364-2200  
24 hours a day  
7 days a week.**

**Assessment Center  
845-364-2150  
Monday - Thursday  
8 AM to 9 PM  
Friday 8 AM to 6 PM**

**Suicide Hot Line  
845-354-6500**

## **Overview**

The Rockland County Department of Mental Health is a community mental health center funded by State and County government. The Department delivers a comprehensive array of mental health and chemical dependency services to the citizens of Rockland County. Services are available to anyone in need on a 24-hour basis and are coordinated with other mental health, health and social service agencies as required.

Since commencement of operation on January 1, 1970, the Department of Mental Health quickly achieved a unique status within the State of New York mental hygiene service system and has earned national reputation. Since 1975, the Department of Mental Health has participated in a select planning-funding mechanism with the State of New York known as Unified Services. The Department is the core and lead agency of the Rockland County Unified Services system. As such, the Department is responsible for the planning, coordination, administration and budgetary oversight of a comprehensive and integrated system in which County, State and voluntary not-for-profit agencies deliver mental health, mental retardation and alcohol/substance abuse services. Rockland County Unified Services received a Significant Achievement Award from the American Psychiatric Association (APA) in 1983 in recognition of its comprehensive service system, and shared the 1985 APA Gold Award for its contribution to treatment of young adult chronic psychiatric patients.

The towns and villages of Rockland County have not experienced the problems with the mentally ill and homeless mentally ill as has occurred in other parts of the State and nation. This is due, in large part, to the comprehensive range of inpatient, outpatient, residential and community support services offered by the Department and other Unified Services agencies. These services provide the ongoing treatment and supports necessary to keep these individuals psychiatrically stable and help them function in the community.

## What Services Do We Offer?

Rockland County mental hygiene services are diversified and far-reaching. They represent the efforts of many people from county and state governments and the private and voluntary sectors of our community. Consumers and their families are an integral part of the planning and evaluation process as well. The quality of these programs is recognized state-wide and the services of this department are lauded as some of the finest, most comprehensive array available to those in need.



### OUTPATIENT MENTAL HEALTH CLINICS

Pomona Clinic  
North Rockland Clinic

Outpatient clinics offer primarily short-term and problem-focused treatment through individual, family and group therapy, medication and monitoring.

### CHILD & ADOLESCENT SERVICES

Child and Adolescent Clinic

Offers evaluation and a range of treatments for young people 5 to 18 years old and their families.

Margaret M. Lawrence  
Child Development Center

Provides two special programs for children under 5 years old and their families.  
Call 364-3700.

### ADULT DAY TREATMENT AND REHABILITATION SERVICES

The Partial Hospitalization Program (PHP)

Is an outpatient program that provides treatment to stabilize acute symptoms of mental/emotional disorder and can serve as an alternate to psychiatric hospitalization.

Young Adult Center

Is an outpatient program that provides psychiatric rehabilitation and treatment for people 18 to 35 years old who have a mental illness, or a serious emotional problem.

Community Support Center

Is an outpatient program that provides psychiatric rehabilitation and treatment for people over the age of 35 who have a mental illness, or a serious emotional problem.

Case Management  
Supportive Case Management  
Intensive Case Management

Provides community-based support, advocacy, monitoring, linkage and coordination of treatment and other services to people with extensive and ongoing needs.

### INPATIENT SERVICES

Psychiatric Inpatient Unit

A 43-bed hospital designed for short-stay crisis stabilization for people in an acute episode of mental illness or life crisis.

### CHEMICAL DEPENDENCY SERVICES

Chemical Dependency  
Outpatient Clinic

Offers problem-focused treatment for people who are abusing or addicted to alcohol or other drugs.

Chemical Dependency  
Rehabilitation Program

Provides intensive day or evening treatment for people abusing or addicted to alcohol and other drugs.

Methadone Treatment Program

Provides medication and treatment to heroin/opiate-addicted persons and their families.