



**The EAP Office
Is Located At The
Rockland County
Department of
Mental Health**

**Dr. Robert L. Yeager
Health Center
Building F,
Sanatorium Road
Pomona, New York
10970**

**Telephone Number:
845-364-2300**

**Jocelyn Trueblood
MSW, CSW**



**Rockland County
Department of Mental Health**

Mary Ann Walsh-Tozer, CSW
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Rockland County Employee Assistance Program

HAVE PROBLEMS?	
ELDER CARE/CHILD CARE	MARITAL
	Grief Loss
LEGAL	MANAGING CHANGE
FINANCIAL	Eating Disorders
STRESS	
Chemical Dependency	
NEED ASSISTANCE?	

**Providing
Confidential
Assistance To
Rockland County
Employees And
Their Families**

**Please call:
845-364-2300**

Overview

WHAT IS THE EMPLOYEE ASSISTANCE PROGRAM (EAP)?

EAP is a benefit offered to you and your family members.

It is a voluntary program designed to offer a highly professional, confidential source of help for people who need assistance with personal problems or concerns.

The Rockland County Employee Assistance Program (EAP) is available to all Rockland County employees and their families.

The Rockland County EAP is jointly sponsored by labor and management. It provides referrals, tailored for individual employee needs, to community resources.

The program can benefit employees by assessing their problems and referring employees for assistance.

WHAT THE PROGRAM DOES?

The Employees Assistance Program offers help at an early stage for employees whose personal problems may adversely affect work performance.

The EAP provides confidential assessment and referral.

EMPLOYEE ASSISTANCE PROGRAM

This program has the enthusiastic support of county government and the collective bargaining units:

- Civil Service Employees Association
- Rockland Association of Management
- Rockland Community College Federation of Teachers
- Rockland County Deputy Sheriff's Association
- Sheriff's Correction Officers Association of Rockland County



WHY THE EMPLOYEE ASSISTANCE PROGRAM?

The Rockland County Employee Assistance Program is a confidential assessment and referral program that provides services as requested by employees.

The program is designed to provide professional assistance in dealing with a broad range of problems, including, but not limited to:

- * abuse of alcohol or other drugs
- * emotional or behavioral disorders
- * childcare and eldercare issues
- * family and marital discord
- * work-related problems
- * a relationship in which you are being harmed

The program is not designed to provide treatment. Its purpose is to provide early identification and prevention as well as referral to appropriate professional counseling in order to enhance the treatment process.

Many problems can be successfully dealt with if identified and treated early. Moreover, an employee's pre-occupation with the problems of a family member can disrupt work performance and attendance. Therefore, this program is also available to immediate family members.

SELF-REFERRAL

Any County Employee may contact EAP directly by calling 364-2300.

Under the EAP program, County employees and their families are encouraged to make voluntary use of resources that are provided.

It is hoped that voluntary self-referral will come prior to the development of work performance problems.

SUPERVISORY REFERRAL

When a work problem has already developed, a supervisor may recommend or suggest EAP to an employee.

The employee will be advised that the problem must be resolved.

The supervisor will assist the employee in improving work performance.

It is ultimately the employee's decision whether or not to contact EAP.

The EAP Coordinator will discuss the problem with the employee on a CONFIDENTIAL basis, assess the problem and refer the employee for further help if indicated.

It is the employee's responsibility to accept recommended assistance.

AN employee's job future with the County WILL IN NO WAY BE JEOPARDIZED because he/she has utilized the services of this program.

THIRD PARTY REFERRAL

Co-workers, friends, family, clergy and union representatives may suggest contacting EAP for assistance.