

### Mission Statement

The Department of Mental Health, a component of Rockland County Government, shall provide and oversee comprehensive, high quality mental health, mental retardation and chemical dependency services to the residents of Rockland County in an ethical, courteous, timely, safe and cost effective manner.



### **Rockland County Department of Mental Health**

Mary Ann Walsh-Tozer, CSW  
Commissioner of Mental Health

Building F, Sanatorium Road  
Pomona, New York 10970

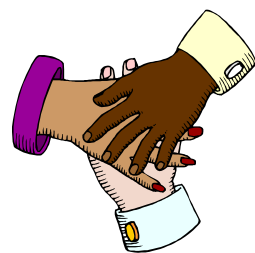
Telephone: 845-364-2378

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Email: RCDMH@Co.Rockland.NY.US

Web Site: WWW.Co.Rockland.NY.US

## **Case Management Services**



### **HOW TO GET HELP Please call:**

#### **Assessment Center**

**845-364-2150**

**Monday - Thursday  
8 AM to 9 PM  
Friday 8 AM to 6 PM**

#### **Crisis Service**

**845-364-2200**

**24 hours a day  
7 days a week.**

#### **Suicide Hot Line**

**845-354-6500**

## **Overview**

Case Management, Supportive Case Management and Intensive Case Management Services are programs that provide concrete services to Rockland County residents.

Residents must be 18 years and older and have a functional disability that affects their daily living resulting from serious and persistent mental illness.

Eligible residents are assisted through a process of advocacy, monitoring, linkage, coordination and integration of all services needed.

Some of the services include applying for financial entitlements, referral for supervised housing, referral for vocational training, pre-employment training and/or education, etc.

The goal is to maintain community living and avoid unnecessary psychiatric hospitalizations. Provision of these services assures the continuity of care and development of independent living skills to the fullest extent possible.

All the levels of Case Management are housed in Building F of the Robert L. Yeager Health Center with the primary services provided in the community.

## What Services Do We Offer?

Rockland County behavioral health services are diversified and far-reaching. They represent the efforts of many people from county and state governments and the private and voluntary sectors of our community. Consumers and their families are an integral part of the planning and evaluation process as well. The quality of these programs is recognized statewide and the services of this department are lauded as some of the finest, most comprehensive array available to those in need.



### GENERAL CASE MANAGEMENT

The Case Management Program is comprised of case managers and peer case managers and is under the direct supervision of a Psychiatric Social Worker .

The services are provided to individuals with a functional disability due to serious mental illness.

Services are provided on a flexible basis, Monday through Friday .

### SUPPORTIVE CASE MANAGEMENT

The Supportive Case Management Program is comprised of Rockland County supportive case managers and Mental Health Association supportive case managers.

Supervision is provided by a Psychiatric Social Worker.

This level of case management services is provided to individuals with a severe mental illness.

The individuals tend to have a higher risk and higher need than those at the general case management level.

The Supportive Case Managers are available to provide services twenty-four hours a day seven days a week, through an on-call rotation.

### INTENSIVE CASE MANAGEMENT

The Intensive Case Management Program is a shared staff, county & state, program.

The intensive case managers provide service to individuals with the most serious functional disabilities due to mental illness.

These individuals tend to have the highest risk and have the highest need for intense services.

The intensive case managers are also available 24 hours per day to respond to client needs and crises.

### TRANSITIONAL CASE MANAGEMENT

The Transitional Management Program serves as a liaison between the Criminal Justice System and the Department of Mental Health.

The goal is to provide the services to incarcerated consumers who are diagnosed with a mental illness.

### OUR LOCATION

Dr. Robert L. Yeager Health Center, Building F  
Pomona, New York 10970  
(845) 364-2312

Monday—Friday:  
8:00 am - 500 pm

