



Mission Statement

The Department of Mental Health, a component of Rockland County Government, shall provide and oversee comprehensive, high quality mental health, mental retardation and chemical dependency services to the residents of Rockland County in an ethical, courteous, timely, safe and cost effective manner.



Rockland County Department of Mental Health

Mary Ann Walsh-Tozer, CSW
Commissioner of Mental Health

Building F, Sanatorium Road
Pomona, New York 10970

Telephone: 845-364-2378
Facsimile: 845-364-2381
Email: RCDMH@Co.Rockland.NY.US

Child and Adolescent Services



HOW TO GET HELP Please call:

Assessment Center
845-364-2150
Monday - Thursday
8 AM to 9 PM
Friday 8 AM to 6 PM

Crisis Service
845-364-2200
24 hours a day
7 days a week.

Suicide Hot Line
845-354-6500

Why Come To Child and Adolescent Services?

Problems in living can arise at any time in life, including childhood and adolescence. At these times it is often helpful to talk with family and friends.

Many different kinds of problems affect children and adolescents. They may be shy and have difficulty making friends. They may get so angry that they frighten others away. They may have difficulty concentrating on their schoolwork. They may have questions about who they are and how they fit in with others.

Children and adolescents can also be troubled by things at home. They may feel that family members argue loudly, treat each other without respect, or are angry most of the time.

A family member may have a drug or alcohol problem, a serious illness, or an emotional problem which affects the family as a whole. Children respond with their own distress when things go wrong in the family.

When children and adolescents face difficult circumstances they may show symptoms of depression or anxiety. At times they act out impulsively or even consider suicide.

In these situations, it is helpful to talk with a professional who is attentive, objective, and wants to listen and understand.

What Services Do We Offer?

Rockland County behavioral health services are diversified and far-reaching. They represent the efforts of many people from county and state governments and the private and voluntary sectors of our community. Consumers and their families are an integral part of the planning and evaluation process as well. The quality of these programs is recognized state-wide and the services of this department are lauded as some of the finest, most comprehensive array available to those in need.



SERVICES PROVIDED

ASSESSMENT OF INDIVIDUALS

PSYCHIATRIC EVALUATIONS

INDIVIDUAL, GROUP,
& FAMILY THERAPY

MEDICATION EVALUATIONS
& MONITORING

COMMON PROBLEMS TREATED

BEHAVIOR PROBLEMS

SCHOOL PHOBIA

FAMILY PROBLEMS

DEPRESSION

ANXIETY

ATTENTION DEFICIT DISORDER
(ADD)

SEXUAL ABUSE

POSTTRAUMATIC STRESS DISORDER
(PTSD)

PANIC

BIPOLAR DISORDER

OBSESSIVE COMPULSIVE DISORDER
(OCD)

WHAT WILL HAPPEN WHEN YOU MAKE AN APPOINTMENT?

When you call the Assessment Center, both parent and child will be scheduled for an initial appointment.

You will be asked about your concerns and the current circumstances that contribute to them.

You and your family will be treated with respect and confidentiality.

After the assessment appointment, the interviewer will recommend appropriate treatment, which may include psychotherapy and / or medication evaluation.

We offer comprehensive care by working with other community agencies.

OUR STAFF INCLUDES

- NYS Licensed Psychologists
- NYS Certified Social Workers
- NYS Licensed Nurse Practitioners
- NYS Licensed Board Eligible & Board Certified Child Psychiatrists

OUR LOCATIONS

Dr. Robert L. Yeager Health Center, Building F
Pomona, New York 10970
(845) 364-2275

Monday—Thursday:
8:00 am - 9:00 pm
Friday : 8:00 am - 6:00 pm

North Rockland Clinic
2 New Main Street
Haverstraw, New York 10927
(845) 429-4966

Tuesday—Wednesday:
9:00 am - 8:00 pm
Friday : 9:00 am - 6:00 pm

OUR FEES

The Rockland County Department of Mental Health accepts a full range of insurance coverage including managed care plans, Medicaid & Medicare. If you don't have insurance, fees are based on your ability to pay.

To schedule an appointment or to seek additional information, please call the Assessment Center at (845) 364-2150.