



**DIRECTIONS TO THE  
ROCKLAND COUNTY  
HEALTH DEPARTMENT  
BUILDING D  
50 SANATORIUM ROAD  
POMONA, NEW YORK 10970**

**FROM POINTS NORTH: USE THE PALISADES PARKWAY  
SOUTH:**

Exit parkway at Exit 12, bear right to Route 45, make second right onto Sanatorium Road, make fourth left to Building D. Go in through main entrance.

**FROM POINTS SOUTH: USE THE PALISADES PARKWAY  
NORTH:**

Exit parkway at Exit 12, make a left turn on Conklin Road, at traffic light turn left onto Route 45, at third traffic light make a right turn onto Sanatorium Road, make fourth left to Building D. Go in through main entrance.

**FROM N.Y.S. THRUWAY:** Take the Thruway to Exit 13 North - Palisades Parkway, then follow directions as above.

**FROM N.Y.S. THRUWAY VIA ROUTE 45:**

Exit thruway at Exit 14 (Spring Valley). Make a right onto Route 59 West, take this approximately two miles, make right onto Route 45 North. Take Route 45 for approximately 5 1/2 miles, make a left onto Sanatorium Road, make fourth left to Building D. Go in through main entrance.

**FROM ROUTE 9W (NORTH OR SOUTH):**

Take to Route 202, West, make left onto Route 45 South, fourth traffic light turn right onto Sanatorium Road, make fourth left to Building D. Go in through main entrance.

**FROM INTERSECTION OF ROUTE 59 AND ROUTE 306:**

Take Route 306 North, for approximately 8 miles, make a right onto New Pomona Road, follow approx. 3 miles until you come to Route 45. Make right onto Route 45 South. Make right onto Sanatorium Road, make fourth left to Building D. Go in through main entrance.

**FROM INTERSECTION OF ROUTE 202 AND ROUTE 306:**

Take Route 306 South for about 1 mile, make a left onto New Pomona Road, follow approx. 3 miles until you get to Route 45 South. Make right onto Sanatorium Road, make fourth left to Building D. Go in through main entrance.

**NOTE: COMMERCIAL VEHICLES ARE NOT PERMITTED ON THE PALISADES INTERSTATE PARKWAY.**

# Directions

